



## COVID 19 SELF SCREENING CHECKLIST

UPDATED MARCH 29 2021

<b>Each participant should self-screen prior to arrival at training to ensure they do not have any of the following symptoms (confirmed by a parent for those under age 18), as these are potential indicators of Covid-19 infection.</b>	<b>Check negative</b>	<b>Check positive</b>
<b>A high temperature (above 37.8°C)</b> <ul style="list-style-type: none"> <li>Some clubs may include on-site temperature checking of participants as part of their SOP, this is more relevant to clubs who employ medical staff.</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>
<b>A new continuous cough.</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Shortness of breath.</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>A sore throat.</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Loss of or change in normal sense of taste or smell.</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Feeling generally unwell.</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Persistent tiredness</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Been in close contact with/living with a suspected or confirmed case of Covid-19 in the previous two weeks.</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Finally, are you or anyone in your household/bubble self-isolating whilst waiting for a test or test results for Covid-19?</b>	<input type="checkbox"/>	<input type="checkbox"/>